



**W**ould you like  
an effective, time-saving skin and  
wound cleanser for your podiatry needs?

# EXSEPT PLUS

## Skin and Wound Cleanser

**ExSept Plus** Wound Cleanser is intended for the mechanical cleansing of skin debris and foreign material from epidermal and dermal wounds.

**ExSept Plus** Wound Cleanser is ideal for the cleansing and debridement of onychocryptosis and other podiatry needs.

**ExSept Plus** Wound Cleanser is an FDA-cleared cleanser that is non-irritating, non-sensitizing and safe for use on skin and wounds.



INFECTION CONTROL SOLUTIONS AND SERVICE

Contact us at:

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**Product Codes:**

- 100 ml bottle: 15104
- 200 ml spray: 15107
- 250 ml bottle: 15108
- 500 ml bottle: 15117
- Podiatry Kit: 15118

# ExSept Plus

**Electrolytically Produced Sodium Hypochlorite**  
**1,100 ppm Available Chlorine**

**Active Ingredient:**

Sodium Hypochlorite (NaOCl) 0.114%

**Inert Ingredients:**

Sodium Chloride (NaCl) 1.7%  
 Purified Water (H<sub>2</sub>O) q. s.



## ExSept Plus

**Effective**  
 skin cleansing agent

**Safe**  
 non sensitizing, non cytotoxic,  
 non irritating

**Versatile**  
 can be used on the skin anywhere  
 cleansing is needed

### INDICATIONS FOR USE

**Mechanical cleansing, debridement and removal of foreign material from:**

- Ingrown toenails
- Diabetic foot ulcers
- Exit sites
- Exudating dirty wounds
- Stage I - IV pressure ulcers
- Post-surgical wounds
- 1st and 2nd degree burns
- Graft and donor sites

### INGROWN TOENAIL TREATMENT

**SUPPLIES**

- **ExSept Plus**
- (1) 2x2 gauze pad
- Chux sheet
- Non-sterile gloves (if indicated)

**PROCEDURE**

- Uncover affected toe and place foot on chux sheet.
- Put on gloves.
- Carefully examine toe.
- Open gauze pad and saturate with **ExSept Plus** (5ml)
- Wrap saturated gauze pad around ingrown toenail, ensuring contact with entire affected area.
- Leave saturated gauze pad in place for 10-15 minutes.
- Use gauze pad to separate skin away from nail.
- Once cleansed, allow toe to air dry and keep the foot clean and dry.
- Discard gauze pad.
- Repeat procedure at a frequency directed by doctor.
- Report any changes to physician and follow any specific wound care instructions given by doctor.

### SHALLOW WOUND, ULCER AND BURN CLEANSING

**SUPPLIES**

- **ExSept Plus Solution**
- (2) Sterile 4x4 gauze pads
- Chux sheet
- Staff face shield
- Gloves (sterile or clean depending on facility guidelines)

**PROCEDURE 1 - Mechanical Wound Cleansing with Gauze**

- Staff member don mask, wash hands and use appropriate PPE.
- Expose wound and place chux pad under area to protect skin and bedding.
- Open gauze pads and saturate with 8-12ml of **ExSept Plus**-ensure gauze pads are well saturated.
- Staff member don gloves.
- With saturated gauze pad, cleanse from the center of the wound in a circular motion working toward the edge and surrounding tissue.
- Do not return to the center of the wound due to recontamination risk.
- Repeat process with second saturated gauze pad.
- Dress wound as indicated.

**PROCEDURE 2 - Mechanical Wound Cleansing - Low Pressure Irrigation with ExSept Plus bottle tip**

- Staff member don mask, wash hands and use appropriate PPE.
- Expose wound and place chux pad or catch basin to collect irrigant run-off.
- Uncap ExSept Plus bottle and pour over wound bed covering all surface and edges.
- For a slightly higher pressure irrigation, a 35ml syringe with a 19 Gauge needle attached will deliver approximately 8 PSI.
- Repeat as necessary.